- 1 At the 1992 Olympics in Barcelona, Spain, one of Britain's athletes Derek Redmond was running in the semi-final of the 400 metre race. As he rounded the curve he could see the finishing line. Suddenly a very sharp pain in the back of his leg caused him to collapse on the racetrack. It was a torn right hamstring.
- 2 Medical people ran towards him, but Derek Redmond struggled to his feet and started hopping on one leg. He was determined to finish the race, even though he was in great pain and the other runners had passed the finishing line. As he got a few metres down the track, a man came out of the stands and ran past a security guard and onto the track. It was Jim Redmond, Derek's father. "You don't have to do this", he told his son. "Yes I do", said the athlete. "Well then, we'll finish it together," said his father.
- With his arm around his father's neck, Derek hopped around the rest of his lane to the finishing line. By this time the people in the crowd were on their feet, clapping for the courage and the spirit both of Derek Redmond and of his father.

## 4 Let us pray:

In times of difficulty, Lord, may we support others with the same care and concern as we would like to experience ourselves.

Amen.

This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org