- 1 Tomorrow is the anniversary of the death in 1991 of Gene Roddenberry, the creator of 'Star Trek', the science-fiction series
- 2 In an episode of 'Star Trek: The Next Generation', the people who live on two moons are about to go to war with each other. With the help of the crew of the 'Enterprise', an ambassador persuades representatives of each group to trade places for a week, so that they will understand the others' point of view more clearly.
- 3 Having swopped places, both grow in their understanding of the other group. War is averted and they all live in peace.
- 4 The Sioux Native Americans had a custom that, before leaving to visit members of another tribe, individuals would raise their hands and pray these words:
- 5 "Great Spirit, help me never to judge another person without having first walked in their moccasins for two weeks."
- 6 Let us pray to be free of prejudices:

Lord, lead me
not to be hasty
in jumping to conclusions
about people.
Influence me
not to stereo-type individuals
or make sweeping generalisations.
Free me from prejudices
which leave no-one free.
Help me to appreciate
that there are other ways
of looking at things,
realising that others can have
as equally valid a view
as mine.

Inspire me
to grow in the ability
to understand others
and think as generously of them
as I would like them to think
of me.

Amen.

This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org