

# 12 NOVEMBER

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- 1 Robert Louis Stevenson was born in Edinburgh on tomorrow's date in 1850. He is known for having written *'Treasure Island'*, *'Kidnapped'* and *'The Strange Case of Dr Jekyll and Mr Hyde'*.
- 2 We are going to listen to 6 of the 12 points which he called his *"Pattern for Living"*. We'll *pause* for a moment after each one:
- 3 *"Don't borrow trouble. Imaginary things are harder to bear than the actual ones..."*
- 4 *"Since hate poisons the soul, do not cherish enmities or grudges. Avoid people who make you unhappy..."*
- 5 *"Have many interests. If you can't travel, read about new places..."*
- 6 *"Don't hold post-mortems. Don't spend your life brooding over sorrows and mistakes. Don't be one who never gets over things..."*
- 7 *"Do what you can for those less fortunate than yourself..."*
- 8 *"Keep busy at something. A very busy person never has time to be unhappy..."*
- 9 *Let us pray:*

**Your glory, God our Father,  
is seen in people  
who are fully alive.  
Inspire us to live fully  
and discover your kingdom  
within us.  
Amen.**

This is an excerpt from the page of this date in  
*'Praying Each Day of the Year'*,  
a 3-volume book  
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine  
to research this topic further.

This material is part of  
the prayer and education website  
of the De La Salle Brothers  
in Great Britain:

[www.prayingeachday.org](http://www.prayingeachday.org)