1 King George IV \textit{(the fourth)} was a heavy drinker. He wasted money and was in debt. He didn’t appreciate people, and was unfaithful to his wife. He made fun of his father (King George the III) who had become mentally ill.

2 When King George IV died on this day in 1830, ‘The Times’ newspaper wrote this about him:
\textit{“There never was an individual less regretted by his fellow-creatures than this deceased king.”}

3 Many people, when they realise that others have a poor opinion of them, change something in their lives. Let’s each of us think in silence for a moment of just \textit{one} thing in our own lives that we might work on improving today.

\textit{(pause…)}

4 \textit{Let us pray:}

\begin{quote}
\textbf{God our Father,}
\textit{each of us can rejoice at all that is good about ourselves.}
\textbf{We ask that we may be people who encourage others, being ready to give praise and thanks when they are due.}
\textbf{We ask, too, that you help each of us today to work on changing for the better just one thing that is negative in the way we live.}
\textit{Amen.}
\end{quote}