

- 1 Yesterday, 26th July, was the anniversary of the birth in 1875 of Carl Jung, who became a world-famous psychologist - someone who studies human behaviour and is able to share thoughts about why people do certain things.
- 2 People made appointments to see Carl Jung at his home in Switzerland so that they could talk through their problems. One day a wealthy lady phoned him to request an urgent appointment the following day at 3.00 in the afternoon. He said that it wouldn't be possible because he was already committed to an important appointment at that time.
- 3 The following day, at the time the lady would have liked her appointment with Doctor Jung, she happened to be in a boat sailing past his garden which led down to the shore of the Lake of Zurich. There she could see him, sitting on a low wall with his shoes and socks off, dangling his feet in the water. She was angry - he had lied to her, she said to herself. He'd had no appointment at all!
- 4 When she arrived home she was still angry and phoned him again: *"You said that you couldn't see me because you had a very important engagement. But I saw you at that very time, doing nothing but sitting on the shore of the lake by yourself."*
- 5 Jung replied: *"I told you no lie. I had an appointment. It was the most important appointment of the week - an appointment with myself."*
- 6 *Let us pray:*

Lord,
I want to be responsible
for my own life,
and I want to make positive choices
each day.

Inspire me to get my priorities right
and be generous
in my care and concern for others.
In busy days and casual days
remind me, too,
of my basic human need
for personal time and quiet and space,
and lead me to respect
the personal needs
that others also have.
Amen.



This is an excerpt from the page of this date in
'Praying Each Day of the Year',
a 3-volume book
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine
to research this topic further.

This material is part of
the prayer and education website
of the De La Salle Brothers
in Great Britain:
www.prayingeachday.org