18 JULY

- On this day in 1918 Nelson Mandela was born. On 10th May 1994 he became the first democratically-elected President of multi-racial South Africa.
- 2 In his inaugural speech as South African President, Nelson Mandela said:

"Our biggest fear
is not that we are inadequate;
our biggest fear
is that we are powerful
beyond measure.

It is our light, not our darkness
that most frightens us.

We ask ourselves:
'Who am I to be brilliant, gorgeous,
talented and fabulous'

Actually, who are you not to be?
You are a child of God.
Your 'playing small'

doesn't serve the world.
There is nothing enlightened
about shrinking
so that other people
won't feel insecure around you.
We are born to make manifest

the glory of God that is within us.

It's not just within some of us

- it is within **everyone**!

And as we let our own light shine, we consciously give to other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others."

3 Let us pray:

Lord Jesus,

bring your love to our lives in a new way today so that any fear that we might have is driven away, knowing that "perfect love casts out fear". Then your light will shine more brightly in us, and others will be able to see the good things that are done in your name. Help us to grow more aware of the love and respect and dignity that you give us in calling us your "friends". We ask that your Spirit acts in us so that we discover and take pride in who we really are. Make us credible witnesses of your love so that others may more readily share in your love and your light,

you who are the light of the world.

Amen.

This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org