- 1 Power companies that generate electricity look in advance at the timing of TV programmes. If millions of people watch the same programme and then switch on their kettles, there can be a huge power surge throughout the country's National Electricity Grid. If the power companies are not ready in advance to produce extra electricity, fuses will blow, cutting off electricity to various parts of the country. So it is essential that they look ahead to the timing of TV programmes.
- 2 At Christmas 1996 the BBC showed the final episode of the comedy 'Only Fools and Horses'. With over 22 million people watching that programme, the year's greatest power surge was triggered as millions switched on their electric kettles at the same time as the programme finished.
- 3 Let's pray for the gift of being able to see what is needed:

Lord, there are times
when we are so concerned
about ourselves
that we don't think of others.
We ask for the gift of your Spirit
that we may grow in awareness
of others:

- 4 noticing when someone is unhappy,
 - sensing when there's something wrong for somebody,
 - seeing when someone feels cut off or isolated,
 - knowing when to say the right word,
 - expressing thanks and compliments,
 - $\boldsymbol{\cdot}$ being thoughtful when someone is ill,
 - giving words of encouragement,
 - helping someone to feel welcome,
 - realising when someone needs the opportunity to talk.

May we grow in sensitivity towards others. Amen.

This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org