29 AUGUST

- 1 On this day in 1931, Gandhi, the great Indian leader, visited London. He had called off the campaign of civil disobedience under British rule in India, in order to attend this meeting about the future of his country which was then governed by Britain. A prayerful man, Gandhi wrote these words about prayer:
- 2 I am neither a man of letters, nor of Science, but I humbly claim to be a man of prayer. It is prayer that has saved my life. Without prayer I would have lost my reason a long time ago.
 I did not lose my peace of soul in spite of many trials because the peace came to me from prayer.
- 3 One can live several days without food, but not without prayer.
 Prayer is the key to each morning, and the lock to every evening.
 This is my teaching:
 let everyone try this experience and they will find that daily prayer will add something new to their lives.
- 4 Let us pray:

Lord Jesus,
your friends said to you:
"Teach us how to pray".
We ask that you give us
the fullness of your Spirit
to help us to pray,
so that we may grow
in friendship with you.
Amen.

This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org