- 1 In 1933, an attempt was made to climb the world's highest mountain, Mount Everest, by F.S.Smythe. His fellowclimber could go no further, so he decided to go on a little way by himself. Smythe writes of what happened when he tried to climb alone:
- 2 "After leaving Eric, a strange feeling possessed me that I was accompanied by another. This 'presence' was strong and friendly. In its company I could not feel lonely, neither could I come to any harm. It was always there to sustain me in my solitary climb up the snow-covered slabs. As I halted and extracted some mint-cake from my pocket, it was so near and so strong that I instinctively divided the mint into two halves and turned round with one half in my hand to offer it to my 'companion'"
- 3 Let's pause for a moment to remind ourselves that we are in the presence of God...

(pause...)

4 Let us pray:

Lord Jesus, open my eyes to recognise you as you walk beside me, accompanying me on my journey in life each day. Amen. This is an excerpt from the page of this date in 'Praying Each Day of the Year', a 3-volume book by Nicholas Hutchinson, FSC.

For details:

http://www.matthew-james.co.uk/

Could make use of a search engine to research this topic further.

This material is part of the prayer and education website of the De La Salle Brothers in Great Britain: www.prayingeachday.org